



Sanjeevani Multipurpose Foundation's

Dr. Deepak Patil Ayurvedic Medical College & Research Center

Borpadale Phata (Nebapur), Kolhapur-Ratnagiri Road, Tal- Panhala, Dist. Kolhapur, Pin - 416213, Maharashtra State, India.

Ph. No. 9132039595 Website: www.dpayurvediccollege.com Email: dr.deepakpatilayu@gmail.com

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• Affiliated to Maharashtra University Of Health Sciences, Nashik •

Department At A Glance

Department of Swasthvritta & Yoga

- Teaching Staff-
- HOD & Associate Professor - Dr. Manoj Desai
Diploma in Swasthvritta & Yoga
- Assistant Professor - Dr. Sayali Sankpal
M.D. Swasthvritta & Yoga
- Non Teaching Staff-
- Yoga Teacher- Hemalata Avaghade.
- Museum Keeper- Mrs. Pratibha Patil .
- Attendant - Mrs. Mayuri Prabhavale.
- Department total area – 125 Sq. Mtrs.
- Academic charts - 50
- Departmental Books - 98
- Departmental models- 55
- Departmental specimens- 90

HOD

SWASTHVRITTA & YOGA

Dr. Deepak Patil Ayurvedic Medical
College & Research Center, Borpadale

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SWASTHAVRITTA DEPARTMENTAL BOOK LIST

Sr.No	Name of Book	Name of Author
1	Nisargopchar	Dr. Vishal Gajare
2	Ayurvediyapanchkarmavigyan	Haridas.S.Kasture
3	SampurnaSwasthavrittavigyanam	Dr. Vijay Patrikar
4	Ashtanghridayam	
5	Yoga & Ayurveda	Pro. Satyanandra Mishra
6	The Yoga Science For Everyone	Dr. Ravi. R Javalgekar
7	Kashyapsamhita	Nepalrajguru H. Sharmana
8	Charak Samhita 2	Acharya Vidhyadhar Shukla Prof. Ravidatta Tripathi Acharya Priyavat Sharma
9	AyurvedoktaDincharya	V. Yogendra D. Kamble
10	YogStriyoKe Liye Ek Vardan	Dr. Gita S. Ayanggar
11	Shushrut Samhita Sharirasthan	Dr. Bhaskar G. Ghanekar
12	Rutucharya	V. Y. G. Joshi
13	Gramin ArogyaRakshak	V. P. Y. Khadiwale
14	AharHechSarvottaAoushadh	V. Vandana Mule
15	Swasth Saar	V. Sandeep Shaha
16	Swasthavritta I	Dr. Shubhash Ranade
17	Swasthavritta II	Dr. Shubhash Ranade
18	Health & Disease in Ayurveda & Yoga	Dr. Shubhash Ranade
19	Pat JallayogSutram	DR. Mahaprabhulal Goswami
20	SwasthavrittaShlokavali	V. Shivaji whaval
21	MCQ On Swasthavritta	Dr. Anupama Krishnan

22	Swasthavritta 500 MCQ	Dr. Shubhash Ranade
23	MulvyadhNavachaVairi	Dr. Pravin Kakade
24	Ayurvediya Prakruti Parikshan	V. P. Y. Khadiwale
25	Saundryakarita V SwasthkaritaUtane	V. Vaishali Nagale
26	Gramin ArogyaRakshak	V. P. Y. Khadiwale
27	Madhumeh	V. P. Y. Khadiwale
28	NirantarArogyakaritaAbhyangMasaj	V. P. Y. Khadiwale
29	Suryanamaskar	Dr. sujayaErende
30	Cancer AyurvedachaSarvanginDrushtikon	Dr. Dilip Gadgil
31	Kundlini Sadhana	Swami Sarsvati
32	Guggual	V. P. Y. Khadiwale
33	Cancer Heart Disease & Diabetes	Dr. Dilip Gadgil
34	Madhumeh {Diabetes}	Dr. Sanjay Patil
35	Dermatology, HIV & STD In General Practice	Prakash Mahajan
36	Ayurvediya Jal Vigyan	Dr. Hirdesh Kumari
37	Textbook Of Community Medicine 5 th Edition	Dr. A.P. Kulkarni Dr. J.P. Baride Dr. P.P. Doke Dr. P.V. Mulay
38	Preventive And Social Medicine 26 th Edition	K. Park
39	Diseases Of Nervous System & Pschychiatry	Dr. Narendra saragoi
40	Ayurvedic Management For Heart Disaese	Dr. J.L.N. Shastri Dr. K. Nishteshwar
41	Yog Evam Swasthyam	Dr. Vijay Kumar
42	Recent Trends In The Management Of Arsha/ Haemorids	Dr. P. Hemantkuamar
43	Anemia In Ayurveda	Dr. Shalini Rai
44	Abhinav ManorogVidyan	Dr. RavichandraChoudhari
45	Aupsargic Rog	Dr. Bhaskar G. Ghanekar
46	Ajirna Manjari	Dr. Shrivastav Dr. Arhant Kumar
47	Parasitology In Ayurveda	Dr. A. c. Kar
48	Cinical Yoga & Ayurveda	Dr. Dilip Kumar
49	Medicines Of Early India	Dr. Kanjiv Lochan
50	Haemorrhoids	Dr. Sujtra M. Manohar
51	Principles & Practice Of Ayurvedic Rheumatology	Dr. Sanjiv Rustogi

52	संधिवात	Vd. Khadiwale
53	रक्ताचे विकार	Vd. Khadiwale
54	गर्मी परमा	Vd. Khadiwale
55	गांधी उठणे	Vd. Khadiwale
56	कोड	Vd. Khadiwale
57	बालरोग	Vd. Khadiwale
58	हाडाचे विकार	Vd. Khadiwale
59	जुलाब	Vd. Khadiwale
60	कंबरदुखी, गुडघेदुखी	Vd. Khadiwale
61	उलटया	Vd. Khadiwale
62	गोवर कांजिण्या	Vd. Khadiwale
63	अग्निमान्ध्य	Vd. Khadiwale
64	सूज	Vd. Khadiwale
65	गंडमाला	Vd. Khadiwale
66	खांद्याचेविकार	Vd. Khadiwale
67	त्वचा विकार	Vd. Khadiwale
68		Vd. Khadiwale
69	दमा	Vd. Khadiwale
70	आव	Vd. Khadiwale
71	कफविकार	Vd. Khadiwale
72	फिट्स येणे	Vd. Khadiwale
73	छातीत धुखने	Vd. Khadiwale
74	अंगावर पांढरे जाणे	Vd. Khadiwale
75	महारोग	Vd. Khadiwale
76	व्हाइटप्रेषर	Vd. Khadiwale
77	कॅन्सर	Vd. Khadiwale
78	घाम खूप येणे	Vd. Khadiwale
79	क्षय	Vd. Khadiwale
80	मुखरोग	Vd. Khadiwale
81	मलायरोध	Vd. Khadiwale
82	नागीण	Vd. Khadiwale
83	निद्रानाश	Vd. Khadiwale
84	ताप	Vd. Khadiwale

85	पांझ	Vd. Khadiwale
86	केसांचे विकार	Vd. Khadiwale
87	खोकला	Vd. Khadiwale
88	लठपना	Vd. Khadiwale
89	आमवात	Vd. Khadiwale
90	भगंदर	Vd. Khadiwale
91	कावीळ	Vd. Khadiwale
92	निसर्गोपचार	Dr. H.K. Bakhru
93	धन्वंतरी तुमच्या घरी	भा. का. गर्दे
94	स्वस्थवृत्त	डॉ. मंगला गौरी राव
95	मानसआयुर्वेद	आचार्य श्री गुलाबराव महाराज
96	योगरत्नाकर	वैद्य. श्री लक्ष्मीपती शास्त्री
97	पथ्या पथ्य कल्पना	डॉ. पवन लेकुरवाळे
98	सार्थ श्रीमदभागवतगीता	विद्यावाचस्पती डॉ. ज्ञानेश्वर तांदळे



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SWASTHAVRITTA DEPARTMENT MODELS

Sr.No.	Name of Model	Quantity
1	Padmasan	1
2	Pashchimottanasan	1
3	Ardhamatsendrasan	1
4	Ushtrasan	1
5	Halasan	1
6	Pavanmuktasan	1
7	Dhyanmudra	1
8	Abhaymudra	1
9	Suryamudra	1
10	Vayumudra	1
11	Mrutsanjivanimudra	1
12	Pranmudra	1
13	Samanmudra	1
14	Apanmudra	1
15	Pruthvimudra	1
16	Varunmudra	1
17	Lingmudra	1
18	Shambhavimudra	1
19	Shatkriyakal	1
20	Dhumyantra	1
21	Brikfeldfilter	1
22	Elisons bricks	1
23	SlowSand Filter	1
24	Septic Tank	1
25	Sedimentation Tank	1
26	Arm Bath	1
27	Custered Apple	1
28	Pear	1
29	Pomagrante	1
30	Mosambi	1
31	Apple	1
32	Papaya	1
33	Mango	1
34	Cashewfruit	1



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35	Coconut	1
36	Watermwlon	1
37	Cikku (Sapodilla)	1
38	Banana	1
39	Capsicum	1
40	Leamon	1
41	Cucumber	1
42	Carrot	1
43	Bottle Guard	1
44	Bitter Guard	1
45	Drum Stick	1
46	Ladies Finger	1
47	Bringgle	1
48	Raddish	1
49	Tomato	1
50	Sweet Potato	1
51	Model OF Colera	1
52	Compression Of small & Chicken Pox	1
53	Model Of Mumps	1
54	Hepatitis Virus	1
55	सुरक्षित कालावधी	1

TOTAL - 55

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SWASTHAVRITTA DEPARTMENT SPECIMEN

Sr.No.	Name of Specimen	Quantity
1	गोधूम	20gm
2	तांदूळ	20gm
3	वरी	20gm
4	नाचणी	20gm
5	ज्वारी	20gm
6	मका	20gm
7	मसुर	20gm
8	मुदग	20gm
9	माष	20gm
10	चवळी	20gm
11	हरभरा	20gm
12	मटकी	20gm
13	राजमा	20gm
14	मुगडाळ	20gm
15	उडीदडाळ	20gm
16	तूरडाळ	20gm
17	रसोन	20gm
18	सुंठ	20gm
19	मरीच	20gm
20	लवंग	10gm
21	हरिद्रा	10gm

22	ध्यानक	10gm
23	सर्षप	10gm
24	तीळ	10gm
25	साखर	20gm
26	गुळ	3 cubes
27	मधु	10gm
28	चहापूड	20gm
29	कॉफी	20 gm
30	लवण	20gm
31	खारीक	20gm
32	अक्रोड	20gm
33	मनुका	20gm
34	बदाम	20gm
35	काजू	20gm
36	घृत	20gm
37	अंजन	1
38	तीळ तेल	1 lit
39	अणुतेल	1
40	इरीमेददितेल	1 lit
41	जेष्ठमध	100gm
42	तगर	100gm
43	नागकेशर	100gm

44	प्रियंगु	100gm
45	लोध्र	100gm
46	वाळा / उशीर	100gm
47	जटामांसी	100gm
48	उंबर	100gm
49	सुगंधी उटणे	1
50	गुग्गुळ	100gm
51	पिंपळसार	100gm
52	कृष्णागरु	100gm
53	अगरु	100gm
54	Dettol	250ml
55	Lizol	500ml
56	Phenol	1 lit
57	Potassium permagnet	100gm
58	Bleaching Powder	1 kg
59	षट्कर्म / क्रिया कीट	2
	Total Specimens	60



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SWASTHAVRITTA DEPARTMENT CHARTS

Sr.No.	Name of chart	Quantity
1	Swasthya Paribhasha	1
2	Aarogya Lakshana(kashyap sanhita)	1
3	Swasth updesha	1
4	Dincharya upkram	1
5	Dosh kal	1
6	Charkokta viruddhaahar	1
7	Rutuchrya	1
8	Defination of Health	1
9	Three Types of Food	1
10	Normal Vital and age	1
11	Under weight chart	1
12	Adarsh bhojan(Balanced Diet)	1
13	Removel Of PPE Kit	1
14	Modes Of disease transformation	1
15	Types of Leprosy	1
16	AIDS symptoms and prevention	1
17	Occupational Health Hazzards	1
18	YOGA definition	1
19	Ashtang Yog	1
20	Kosh	1
21	Shatachakra	1
22	Suryanamskar	1
23	Yogasan	1
24	Makarasan	1

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1	Swasthya Paribhasha	1
2	Aarogya Lakshana(kashyap sanhita)	1
3	Swasth updes	1
4	Dincharya upkram	1
5	Dosh kal	1
6	Charkokta viruddhaahar	1
7	Rutuchrya	1
8	Defination of Health	1
9	Three Types of Food	1
10	Normal Vital and age	1
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15	Types of Leprosy	1
16	AIDS symptoms and prevention	1
17	Occupational Health Hazzards	1
18	YOGA definition	1
19	Ashtang Yog	1
20	Kosh	1
21	Shatachakra	1
22	Suryanamskar	1
23	Yogasan	1
24	Makarasan	1

25	Chakrasan	1
26	Bhujangasan	1
27	Vajrasan	1
28	Ushtrasan	1
29	Trikonasan	1
30	Bhadrasan	1
31	Dhanurasan	1
32	Pashimuttanasan	1
33	Swastikasan	1
34	Vakarsan	1
35	Padamasan	1
36	Sinhasan	1
37	Uttanasan	1
38	Ardamasendrasan	1
39	Tiryaktadasan	1
40	Naukasan	1
41	Shashankasan	1
42	Halasan	1
43	Tadasan	1
44	Pawanmuktasan	1
45	Gomuktasan	1
46	Suptvajrasan	1
47	Sidhasan	1
48	Katichakrasan	1
49	Biomedical waste management	1
50	Water soluble vitamins	1

TOTAL CHARTS – 50



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SWASTHAVRITTA DEPARTMENTAL INSTRUEMENT

Sr.No.	NAME OF INSTRUEMENT	QUANTITY
1	Measuring tape	2
2	Knee hammer	2
3	Torch	2
4	Height chart	1

TOTAL INSTRUEMENT-7

LIST OF CONTRACEPTIVE

Sr. no	Name Of Contraceptive Devices	Quantity
1	Mala-N	2
2	Condoms packets-Nirodh	2
3	Copper-T 375	2
4	OC pills -ginette35	3
5	OC pills-OVARAL G	3
6	OC pills OVARAL L	3

TOTAL DEVICES-15



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Swasthvritha Departmental Vaccines

Sr.No.	NAME OF VACCINE	QUANTITY
1	Bcg Vaccine-TUBERVAC	1
2	OPV-BIOPOLIO	1
3	Rotavirus Vaccine-ROTAVAC	1
4	DPT, Hep V, Heamophilus Influenza Vaccine – PENTAVAC PFS	1
5	Hepatatis –A Vaccine -BIOVAC	1
6	Hepatatis-B Vaccine –Genevac –B	1
7	Typhoid Polysacchride Vaccine –TYPBAR	1
8	MMR-Measles Mums Rubella Vaccine –TRESIVAC PFS	1
9	Pneumococcal Polysacchride Conjugate Vaccine-PNEUMOSIL	1

TOTAL VACCINE-09


Assistant Professor
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Principal
Dr. Deepak Patil Ayurvedic Medical College
& Research Center, Borpadale Phata, Tal. Panhala,
Dist. Kolhapur-416 213.

DEPT. OF SWASTHVRITTA AND YOGA

**LIST OF FURNITURE
SWASTHVRITTA DEPARTMENT**

SR. No.	Particular	Quantity
1.	Office Table [Steel]	02
2.	Office Chairs [Fiber]	04
3.	Computer With Printer	01
4.	Yoga Mats	02
5.	Yoga Satranji	04
6.	Practical Stool's	30
7.	Departmental LED Lights	12
8.	Academic Cupboard	03
9.	Museum Cupboard	03
10.	Departmental Fans	03
11.	Yoga Table	01



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